FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CHRISTIE H FREDERICK				2. Issuer Name and Ticker or Trading Symbol DineEquity, Inc [DIN]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner								
(Last)						3. Date of Earliest Transaction (Month/Day/Year) 05/08/2009										er (give title			r (specify		
450 N. BRAND BOULEVARD - FLR 7					4. If .	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)															X Form filed by One Reporting Person						
GLENDALE CA 91203															Form filed by More than One Reporting Person						
(City)	(St	tate) (Zip)																		
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
[2. Transact Date (Month/Day		Execution Date,		Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, and 5)			, 4 Securities Beneficial Owned		es ially	Forn (D) o Indir	n: Direct or ect (I)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount	(A)	Price	•	Followi Reporte Transac (Instr. 3	ed ction(s)		r. 4)	(Instr. 4)			
Common Stock, \$.01 par value															2,000				See Footnote ⁽¹⁾		
Common Stock, \$.01 par value															4,000				See Footnote ⁽²⁾		
Common Stock, \$.01 par value														8,700			D				
		Ta	able I	l - Deriva					uired, Di						Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any		4. Transac Code (I 8)	5. Stion Number		6. Date Exe Expiration (Month/Day	rcis	Amount of Securities Underlying Derivative Security (In: and 4)		nd of s ng e (Instr. 3	8. of D Se (I	B. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership			
					Code	v	(A)	(D)	Date Exercisable		kpiration ate	Title	Amoun or Numbe of Shares								
Options	\$22.297	05/08/2009			M			5,000	05/12/2000	0.5	5/12/2009	Common Stock	5,000		\$29.37	22,500	(3)	D			
Restricted Stock	(4)								(4)	T	(4)	Common Stock	(4)	T		1,500)	D			
Restricted Stock	(5)					T	Π		(5)	T	(5)	Common Stock	(5)			2,500)	D			
Restricted Stock	(6)								(6)		(6)	Common Stock	(6)			10,000	0	D			

Explanation of Responses:

- 1. Shares held by Keogh Plan Trust
- 2. Shares held by Christie Family Trust
- 3. Non-employee stock options granted pursuant to DineEquity, Inc. 1994 Stock Incentive Plan.
- 4. Grant of restricted stock pursuant to DineEquity, Inc. 2005 Stock Incentive Plan for Non-Employee Directors. Restrictions on these shares will lapse on February 20, 2010, provided that Reporting Person continues to serve as a member of the DineEquity, Inc. Board of Directors until such date.
- 5. Grant of restricted stock pursuant to DineEquity, Inc. 2005 Stock Incentive Plan for Non-Employee Directors. Restrictions on these shares will lapse on February 26, 2011, provided that Reporting Person continues to serve as a member of the DineEquity, Inc. Board of Directors until such date.
- 6. Grant of restricted stock pursuant to DineEquity, Inc. 2005 Stock Incentive Plan for Non-Employee Directors. Restrictions on these shares will lapse on February 23, 2012, provided that Reporting Person continues to serve as a member of the DineEquity, Inc. Board of Directors until such date.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.