FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] NAHAS CAROLINE W					2. Issuer Name and Ticker or Trading Symbol DineEquity, Inc [DIN]									ionship of Reporting all applicable) Director		ng Pers	son(s) to Is 10% O		
(Last)	(First	, , , , , , , , , , , , , , , , , , ,	ddle)	3. Date of Earliest Transaction (Month/Day/Year) 02/25/2014										Officer (below)	give title		Other (below)	specify	
450 NORTH BRAND BOULEVARD, 7TH FLOOR					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)													'	Form file	d by One	e Repo	rting Pers	on	
GLENDALE CA 91203													Form filed by More than One Reporting Person						
(City)	(Stat	e) (Zip))																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				Execution Date,				3.4. Securities AcquirTransactionDisposed Of (D) (In:Code (Instr.and 5)8)				E C	5. Amoun Securities Beneficial Owned	s Ily	Form: (D) or Indire	Direct	7. Nature of Indirect Beneficial Ownership		
							Code	,	Amount	Amount (A) or (D)		F 1	Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Ir 8)	tion nstr.			6. Date Exercis Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Numb derivativ Securitie Benefici Owned Followir Reporter Transact (Instr. 4)	ve es ally ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial) Ownershi	
				Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amour or Numbe of Shares	er						
RESTRICTED STOCK UNITS	(1)	02/25/2014		A		1,226		(1)		(1)	COMMON STOCK	1,220	5	\$0 ⁽²⁾	1,22	26	D		

Explanation of Responses:

1. On February 25, 2014, the reporting person was granted 1,226 restricted stock units, all of which will be settled in shares of common stock on February 25, 2017, subject to the reporting person's continued service with the issuer.

2. Granted as compensation for services.

/s/ James R. Oehler as	
attorney-in-fact for Caroline	02/27/2014
W. Nahas	

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.