FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL             |           |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

|   |   |  |   | -  |   |                  |     |                      |      |               |   |  |   |  |  |  |                          |   |
|---|---|--|---|--|---|------------------|-----|----------------------|------|---------------|---|--|---|--|--|--|--------------------------|---|
| Name and Address of Reporting Person*  KAY LARRY ALAN           |   |  |   |  | 2. Issuer Name <b>and</b> Ticker or Trading Symbol  DineEquity, Inc [ DIN ] |                  |     |                      |      |               |   |  | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) |  |  |  |                          |   |
|   |   |  |   |  | 3. Date of Earliest Transaction (Month/Day/Year)                            |                  |     |                      |      |               |   | - X  | Director  |  |  | 10% O  |                          |   |
| (Last)  | (First)   | ,  | ddle)   | 01/0   | 01/06/2017  |                  |     |                      |      |               |   |  |   | Officer (give title below)   |  |  | Other (specify<br>below) |   |
| 450 NORTH BRAND BOULEVARD, 7TH FLOOR                            |   |  |   | 4. If  | 4. If Amendment, Date of Original Filed (Month/Day/Year)                    |                  |     |                      |      |               |   | 6. Indiv   | Individual or Joint/Group Filing (Check Applicable Line)                |  |  |  |                          |   |
| (Street)  |   |  |   |  |   |                  |     |                      |      |               |   |  | X   | Form filed by One Reporting Person                                       |  |  |                          |   |
| GLENDALE  | CA  | 91:  |   |  |   |                  |     |                      |      |               |   |  | Form filed by More than One Reporting Person                            |  |  |  |                          |   |
| (City)  | (State)   | (Zip                                       | )   |  |   |                  |     |                      |      |               |   |  |   |  |  |  |                          |   |
|   |   | Table                                      | I - Non-Deri  | vative   | Sec   | urities          | Acq | uired, D             | ispo | osed          | of, or  | Benef  | ficially  | Owned  |  |  |                          |   |
| 1. Title of Security (Instr. 3)  2. Transact Date (Month/Dat    |   |  |   |  | Execution Date,   |                  |     |                      |      |               | curities Acquired (A) or<br>osed Of (D) (Instr. 3, 4<br>) |  |   | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following         |  | 6. Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) |                          | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |   |  |   |  |   |                  |     |                      | v    | Amou          | unt (A) or (D)  |  | Price   | Reported<br>Transaction(s)<br>(Instr. 3 and 4)                           |  |  |                          | (   |
|   |   | 7  | Гable II - Deriv<br>(e.g.                                   |  |   |                  |     | red, Dis<br>options, |      |               |   |  |   | d  |  |  |                          |   |
| 1. Title of Derivative<br>Security (Instr. 3)                   | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 4. Transaction Code (Instr. 8)  5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |   | (A) or<br>of (D) | )   |                      |      | ng Derivative |   | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following |   | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |                          |   |
|   |   |  |   | Code   | v   | (A)              | (D) | Date<br>Exercisabl   |      | oiration<br>e | Title   |  | Amount or<br>Number of<br>Shares  |  | Reported<br>Transaction(s<br>(Instr. 4)                            |  |                          |   |
| RESTRICTED<br>STOCK UNITS<br>(DIVIDEND<br>EQUIVALENT<br>RIGHTS) | (1)   | 01/06/2017                                 |   | A  |   | 15.244           |     | (1)                  |      | (1)           | COMN<br>STO   |  | 15.244  | \$0.00   | 1,209.   | 466  | D                        |   |
| RESTRICTED  |   |  |   |  |   |                  |     |                      |      |               |   |  |   |  |  |  |                          |   |
| STOCK UNITS<br>(DIVIDEND<br>EQUIVALENT<br>RIGHTS)               | (2)   | 01/06/2017                                 |   | A  |   | 12.651           |     | (2)                  |      | (2)           | COMN<br>STO   |  | 12.651  | \$0.00   | 1,003.   | 745  | D                        |   |

## Explanation of Responses:

- 1. As previously reported, the reporting person was granted restricted stock units on February 26, 2016 that will vest on February 26, 2019. Dividend equivalent rights accrued on the previously reported restricted stock units and will vest proportionately with the restricted stock units to which they relate. Each dividend equivalent right is the economic equivalent of one share of common stock.
- 2. As previously reported, the reporting person was granted restricted stock units on February 24, 2015 that will vest on February 24, 2018. Dividend equivalent rights accrued on the previously reported restricted stock units and will vest proportionately with the restricted stock units to which they relate. Each dividend equivalent right is the economic equivalent of one share of common stock.
- 3. As previously reported, the reporting person was granted restricted stock units on February 25, 2014 that will vest on February 25, 2017. Dividend equivalent rights accrued on the previously reported restricted stock units and will vest proportionately with the restricted stock units to which they relate. Each dividend equivalent right is the economic equivalent of one share of common stock.

## Remarks:

/s/ Joanne Wu as attorney-infact for Larry A. Kay 01/09/2017

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.